

NUTRIENT DIGESTIBILITY, PRODUCTIVE PERFORMANCE AND SOME SERUM BIO-INDICES AS AFFECTED BY VITAMIN A AND E SUPPLEMENT TO GROWING LAMBS

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ABSTRACT

A total number of thirty two Ossimi male lambs (averaged 3 months old and 21.05 ± 1.06 kg BW) were used to evaluate the influence of vitamin A and E supplement on nutrient digestibility, productive performance and some serum bio-indices. The animals allocated into four equal groups. The first group without supplement served as control, while the treated lamb groups T1, T2 and T3 were orally supplemented with vitamin A (50.000 IU/head/biweekly), vitamin E (400 mg/head/biweekly), and vitamin A (50.000 IU) plus vitamin E (400 mg) /head/biweekly, respectively. The results showed no significant differences in all digestibility values of DM, OM, CP, EE, CF, ADF, NDF and NFE among lambs received treatments T1, T2 and T3 vs. control. In addition, averages percentages of nutritive values (DCP and TDN) were comparable for lambs treated with T1, T2 and T3 vs. control. Averages of final body weight (FBW) and daily gain (DG) were increased ($P < 0.05$) for lambs of T1 and T3 compared with control or T2. The averages of FBW and DG were greater ($P < 0.05$) for the treatment T3 than T1 or T2. No significant differences were noticed in wheat straw intake, dry matter intake and total dry matter intake for lambs treated with T1, T2 and T3 vs. control. However, digestible crude protein intake and total digestible nutrients intake increased ($P < 0.05$) for lambs treated with T1, and T3 vs. control or T2. Feed conversion of DMI, DCPI and TDNI were improved ($P < 0.05$) for lambs received T1 and T3 vs. those received T2 or control, with higher ($P < 0.05$) improvement in FC-DCPI for lambs of T3 than those received T1 or T2. Data indicated that serum total protein and globulin levels were higher ($P < 0.05$) with all treatments T1, T2 and T3 than control, while, serum albumin concentrations were increased ($P < 0.05$) with treatments T1, and T3 vs. T2 or control. No significant differences in serum concentrations of glucose, cholesterol and AST enzyme for lambs received T1, T2 and T3 compared with the untreated control lambs. It could conclude that supplement of vitamin A plus E has synergistic useful effect able to improve feed intakes and feed conversion of growing lambs, enhancing their performance and develop favorable signs in some serum bio-indices.

Key words: *Vitamin A and vitamin E, Lambs, Digestibility, Productive performance and some serum bio- indices.*

INTRODUCTION

Vitamins A and E are fat-soluble vitamins involved in several biological processes such as immunity, reproduction, growth and animal development. They are cellular antioxidants that prevent peroxidative damage in cell membranes, thus, they play an essential role in the well-functioning animal immune system (Meglia *et al.*, 2004). Vitamin A, retinol, regulate the epithelium turn over, mucosal glycoproteins, immune-globulines and the differentiation of myeloid cells (Toker, 2007); as well as growth hormone gene expression (Bedo *et al.*, 1989). Vitamin E, as an antioxidant, prevents the cell membrane against damage by

inhibiting lipid peroxidation (Brown *et al.*, 1998). Inadequacy in both vitamins, as antioxidant defense, could impair immune function and health of animal. Variable improvements in sheep productive performance and immune status were shown to be related with vitamin E supplementation at levels above requirements (Rooke *et al.*, 2004). According to St-Claire *et al.* (2004), utilization and absorption of vitamin A is related to vitamin E intake; meanwhile vitamin E can protect vitamin A from oxidative breakdown (Gallo-Tores, 1980). In addition, vitamin E at small doses could increase vitamin A utilization, while larger doses decrease the amount of vitamin A formed

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and stored in the liver (St-Claire *et al.*, 2004). So, loss of vitamin A from liver stores is accelerated during vitamin E deficiency (Watts, 1991). Also, depression of vitamin E utilization could be occurred with high levels of dietary vitamin A in cattle (Schelling *et al.*, 1995). In sheep, however, over-supplementation of dietary vitamin A does not antagonize vitamin E turnover (Hidiroglou, 1993).

Vitamin A, as a potential antioxidant, might be considered similar to vitamin E in animal nutrition (Kantha and Krishnamurthy, 1977). However, the mechanistic aspects related to interaction between both vitamins, as micronutrients, are not fully clarified, and the reports on their effects on nutrient digestibility and utilization are very limited. Therefore, the present study aimed to investigate the effect of supplemental vitamin A and vitamin E on nutrient digestibility, productive performance and some related serum bio-indices in sheep.

MATERIAL AND METHODS

Animals:

This study used 32 growing Ossimi lambs (averaged 3 months old and 21.05 ± 1.09 kg weight). The experiment was carried out at the Farm of Animal Production Department, Faculty of Agriculture, Minia University during the months from January to April, 2015.

Experimental treatments:

The animals were allocated into four equal groups. The first group without supplement served as control, while the treated groups T1, T2 and T3 were orally supplemented with vitamin A (50.000 IU/head/biweekly), vitamin E (400 mg/head/biweekly), and vitamin A (50.000 IU) plus vitamin E (400 mg) /head/biweekly, respectively.

Feeding and management:

The experimental animals were fed on concentrate feed mixture, contained 48 % wheat bran, 17 % yellow corn, 13 % soybean meal, 10.8 % sunflower meal, 4.2 % molasses, 4 % rice hulls, 2 % calcium carbonate and 1 % sodium chloride to cover their requirements according to

live body weight (NRC, 2007). In this study, wheat straw (WS) as roughage source was offered *ad libitum*. The calculated concentrations of β -carotene and vitamin E in the CFM were 1.78 mg/kg DM and 13.09 mg/kg DM, respectively. The NRC recommend for growing lambs allowances of 69 μ g β -carotene/kg live weight/day (47 IU of vitamin A/kg live weight/day) and 20-25 mg of vitamin E /lamb/day. Feed was offered twice daily at 8 am and 2 pm and drinking water was available along the experiment. The measurements of lambs' body weight were recorded at starting of the experiment and biweekly thereafter, while feed intakes recorded daily. Averages of daily gain and feed conversion rates of lambs were calculated. All the parameters were recorded at the morning before animals accessed to feed or water.

Dietary Sampling and laboratory analysis:

Dietary samples were collected daily in the last week of each month along the experiment period and a composite sample was performed. A portion of the composite sample was dried at 105 °C in a forced air oven until constant weight for DM determination. The rest of composite sample was dried at 70 °C for a constant weight, grounded and kept in closely tied jars for later laboratory analysis. Diets were analyzed for dry matter (DM), organic matter (OM), crude protein (CP), crude fiber (CF), ether extract (EE) and ash according to AOAC (2003). Neutral detergent fiber (NDF) and acid detergent fiber (ADF) were determined according to Goring and Van Soest (1970). Grasp fecal samples were collected before feeding at 7 am and 1 pm from each lamb at the last week of each month and mixed together, dried at 70 °C till constant weight and analyzed for DM, OM, CP, CF, NDF, ADF, EE and ash. Total tract digestibility of DM, OM, CP, CF, NDF, ADF, EE and NFE were determined using acid insoluble ash as an internal marker according to Van Keulen and Young (1977). Approximate analysis of concentrate feed mixture (CFM), wheat straw (WS) and total mixed ration (TMR) are presented in Table (1).

Table 1: Approximate analysis of concentrate feed mixture (CFM), wheat straw (WS) and total mixed ration (TMR) fed to lambs (% on DM basis).

Items	CFM ¹	WS	TMR
DM	88.40	88.29	88.37
OM	89.66	90.30	89.85
CP	18.76	3.08	14.01
EE	3.13	1.45	2.62
CF	10.22	41.05	19.56
NDF	40.10	87.57	54.48
ADF	13.92	61.17	28.23
NFE	57.55	44.72	53.66
Ash	10.34	9.70	10.15

CFM¹ = Concentrate feed mixture contained 48 % wheat bran, 17 % yellow corn, 13 % soybean meal, 10.8 % sunflower meal, 4.2 % molasses, 4 % rice hulls, 2 % calcium carbonate and 1 % sodium chloride.

Serum bio-indices analysis:

Non-heparinized blood samples collected from the jugular vein of lambs. Samples were left to clot at room temperature for at least 4 h, then the clots removed and sera were cleared and stored at -20 °C for later assay. Serum glucose, total protein, albumin, cholesterol and aspartate transaminase (AST) enzyme were determined colorimetrically using Bio-diagnostic product kits (Egypt). Serum globulin concentrations were calculated by difference between total protein and albumin concentrations. The analyses were performed at Cairo University Research Park (CURP), Faculty of Agriculture, Cairo University.

Statistical analysis:

Data were analyzed by least square means analysis of variance using General Linear Models (GLM) procedure of the statistical analysis system (SAS, 2000). The model used to analyze the different treatments studied for lambs was as follows:

$$Y_{ij} = \mu + T_i + e_{ij}$$

Where: Y_{ij} = Observation, μ = Overall mean; T_i = Effect of i^{th} treatments and e_{ij} = Experimental error. Duncan's Multiple Range test used to detect differences between means of the experimental groups (Duncan, 1955).

RESULT AND DISCUSSION

Digestibility coefficients and feeding values:

The results presented in Table (2) indicated that there were no significant differences in all nutrient digestibility coefficients of DM, OM, CP, EE, CF, NDF, ADF and NFE among lambs received treatments vitamin A (T1), vitamin E (T2) and vitamin A plus vitamin E (T3) when compared with control. Also, the averages of nutritive values (DCP and TDN) were comparable for lambs treated with T1, T2 and T3 compared with control. The lack of vitamin E treatment (T2) to affect nutrients digestibility may reflect the non-significant changes in growth performance (Final body weight and Daily gain), feed intakes (WSI, DMI, TDMI, DCPI and DCP) and feed conversions (FC-DMI, FC-DPCI and FC-TDNI) for lambs treated with vitamin E. Information available on the effect of vitamin A and E on nutrient digestibility are very limited. In general, normal feeding include reasonable sources of vitamin A and E which reflect on digestibility coefficients of DM, OM, CP, EE, CF, NDF, ADF and NFE not significantly changed due to vitamin E supplementation to sheep (Almeida *et al.*, 2016) and beef cattle (Wei *et al.*, 2016). In rabbit bucks, all nutrient digestibility coefficients were also not significantly affected by vitamin E supplement except ether extract (Amao *et al.*, 2012).

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Table 2: Effects of vitamin A and E supplement on nutrient digestibility coefficients and nutritive values of the experimental treatments (Mean ± SEM).

Parameters	Treatments				SEM	Sig.
	Cont.	T1	T2	T3		
Nutrient digestibility (%)						
DM	73.18	73.76	73.40	74.20	0.47	NS
OM	74.34	74.80	74.51	75.73	0.64	NS
CP	71.69	71.98	71.81	72.32	0.71	NS
EE	70.69	70.94	70.79	71.07	1.07	NS
CF	63.01	63.19	62.23	62.60	1.12	NS
NDF	61.65	60.01	60.80	60.83	1.09	NS
ADF	60.95	59.77	60.11	60.30	1.08	NS
NFE	81.33	81.15	80.40	82.26	1.45	NS
Nutritive value (%)						
DCP	10.04	10.08	10.06	10.13	0.10	NS
TDN	70.17	70.17	69.55	70.71	1.10	NS

NS = not significant

T1 = vitamin A, T2 = vitamin E, T3 = vitamin A plus vitamin E.

Table 3: Effects of vitamin A and E supplement on productive performance of growing lambs (mean ± SEM).

Parameters	Treatments				SEM	Sig.
	Control	T1	T2	T3		
Body weight:						
Initial body weight (kg)	20.92	21.08	21.37	20.83	1.06	NS
Final body weight (kg)	32.98 ^c	37.38 ^b	34.11 ^c	40.76 ^a	1.39	*
Daily gain (g/day)	134.00 ^c	181.00 ^b	141.55 ^c	221.44 ^a	8.33	*
Feed intake (kg/head/day):						
WSI	0.41	0.43	0.42	0.44	0.02	NS
DMI	0.94	1.00	0.97	1.03	0.04	NS
TDMI	1.35	1.43	1.39	1.47	0.05	NS
DCPI	0.136 ^c	0.144 ^b	0.140 ^{bc}	0.149 ^a	0.01	*
TDNI	0.947 ^b	1.003 ^a	0.967 ^b	1.039 ^a	0.02	*
Feed conversion (kg feed / kg gain):						
FC-DMI	10.07 ^a	7.90 ^b	9.82 ^a	6.64 ^b	0.52	*
FC-DCPI	1.020 ^a	0.796 ^b	0.989 ^a	0.673 ^c	0.04	*
FC-TDNI	7.067 ^a	5.541 ^b	6.832 ^a	4.692 ^b	0.30	*

a,b,c means within the same row having different superscripts significantly different

(* P<0.05), NS = not significant

T1 = vitamin A, T2 = vitamin E, T3 = vitamin A plus vitamin E.

Animal productive performance:

As shown in Table (3), averages of final body weights and daily gain (DG) were increased (P<0.05) for lambs of T1 and T3 compared with control or those treated with vitamin E alone (T2). The averages of DG were greater (P<0.05) with T3 treatment than T1 or T2. The averages of feed conversion rates were higher (P<0.05) with T1 and T3 treatments than

control or T2. The results showed no significant differences in wheat straw intake (WSI), dry matter intake (DMI) and total dry matter intake (TDMI) for lambs treated with T1, T2 and T3 vs. control. Digestible crude protein intake (DCPI) was increased (P<0.05) for lambs treated with T1, T2 and T3 compared with control, while total digestible nutrients intake (TDNI) increased (P<0.05) for lambs received T1 and T3

compared with T2 or control. Feed conversion of DMI and TDNI improved ($P < 0.05$) for lambs received T1 and T3 compared with those received T2 or control, while feed conversion of DCPI increased ($P < 0.05$) for lambs received T1 and T3 compared with those received T2 and control with higher ($P < 0.05$) improvement in FC-DCPI for lambs of T3 than those received T1 or T2.

The current results indicated that the productive performance of treated lambs significantly improved when lambs treated with vitamin A or combined treatment of vitamin A and E. The role of vitamin A in improving animal growth performance has detected in some works dealt with sheep (Soliman, 2005). Also, supplement of vitamin A benefited productive performance in cattle calves (El-Masry *et al.*, 1998); keeping up its health and productivity (Alosilla *et al.*, 2007). In the same way, vitamin A supplementation had shown to improve daily gain in steers (Zinn *et al.*, 1996) and cattle (Pyatt *et al.*, 2005). Also, a slight increase in average daily gain was noticed in cattle supplemented with 2,700 IU/kg compared with those not supplemented with vitamin A (Gorocica-Buenfil *et al.*, 2008). So, growth performance was decreased in vitamin A-deficient lambs during stages of growth compared with vitamin A-sufficient lambs (Bruns and Webb, 1990). Retinoic acid, a form of vitamin A, had shown to regulate growth hormone gene expression (Bedo *et al.*, 1989). So, the deficiency of vitamin A, as growth promoter, may cause metabolic disorders led to negative influences on animal productivity such as feed efficiency and weight gains (Pond *et al.*, 1995).

Concerning the point that vitamin A treatment did not affect DMI, this study agree with Bryant *et al.*, (2010), who found no differences in DMI among cattle fed varying doses of vitamin A supplement vs. control. It was clear that, in this study, supplement of vitamin A alone significantly improved digestible crude protein intake (DCPI) and total digestible nutrients intake (TDNI) and feed conversions of dry matter intake (FC-DMI), digestible crude protein (FC-DCP) and total digestible nutrients

intake (FC-TDN) for lambs of T1 compared to control. These results are strongly supported by some works showed beneficial effect of vitamin A supplement to improve feed conversion in steers (Zinn *et al.*, 1996) and cattle (Pyatt *et al.*, 2005).

Regarding vitamin E treatment, there was a trend, but non-significant, to enhance performance of lambs. This non-significant effect of vitamin E on growth of lambs could related to the lack of its effect on feed intakes and feed conversions of DMI, DCP and TDN as well as the feeding values of DMI, DCP and TDN for lambs treated with vitamin E. These results are conforming with some studies tried to detect the responses to vitamin E supplement in cattle (Rivera *et al.*, 2002), in Awassi sheep (Macit *et al.*, 2003) and in rabbit bucks (Amao *et al.*, 2012).

Meanwhile, it was interesting to note that the combined treatment of both vitamins significantly enhanced the DG than each of vitamin treatment alone. This response of DG for lambs received the combined treatment of both vitamins (T3) was noticed to agree with the significant ($P < 0.05$) higher improvement detected in DCPI, TDNI, FC-DMI, FC-DCP and FC-TDN for lambs of T3 than those treated with each vitamin alone. These findings may indicate a synergistic effect of combining both vitamins to support performance of lambs. Similar effect was noticed on calves treated with vitamin A plus vitamin E (Salinas-Chavira *et al.*, 2014). An early observation reported by Gallo-Tores (1980), vitamin E may have a positive role on the utilization and absorption of vitamin A and that role can protect vitamin A from oxidation. On the other hand, some studies showed no effect of high vitamin A supplementation on animal performance with sheep (Arnett *et al.*, 2007). Other study, also, showed that vitamin A supplement (60 IU/100 kg BW/ day) depletion did not affect cattle growth (Kruk *et al.*, 2008). The differences in growth performance response to vitamin A supplement between studies could be attributed to several factors such as duration of treatment, age, growth phase, species, vitamin availability, dosage,

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Table 4: Effects of vitamin A and E supplement on some serum bio-indices of growing lambs (mean ± SEM).

Parameters	Treatments				SEM	Sig.
	Control	T1	T2	T3		
Total protein (g/dl)	6.20 ^c	7.51 ^a	7.00 ^b	7.70 ^a	0.12	*
Albumin (g/dl)	3.00 ^b	3.71 ^a	3.20 ^b	3.80 ^a	0.06	*
Globulin (g/dl)	3.20 ^b	3.80 ^a	3.80 ^a	3.90 ^a	0.07	*
Glucose (mg/dl)	50.4	54.8	52.9	53.5	3.5	NS
Cholesterol (mg/dl)	81.5	84.7	87.9	91.0	6.7	NS
AST (U/L)	99.2	101.8	111.5	104.6	8.7	NS

a,b,c means within the same row having different superscripts significantly different (* P<0.05), NS = not significant

T1 = vitamin A, **T2** = vitamin E, **T3** = vitamin A plus vitamin E.

route of administration and environmental conditions.

SERUM BIO-INDICES:

The results of serum bio-indices for lambs treated with vitamin A and E illustrated in Table (4). Data indicated that serum total protein and globulin levels were higher (P<0.05) with all treatment T1, T2 and T3 than control, while, serum albumin concentrations were increased (P<0.05) with treatments T1, and T3 vs. T2 or control. This response of serum total protein and its fractions may point out that supplement of vitamin A and E with treated lambs could positively modified protein metabolism. This increment in serum protein profile may be related to their additive effect to improve digestible crude protein intake, total digestible nutrients intake and feed conversions of digestible crude protein and total digestible nutrients intake, reflecting their synergistic effect on enhancing growth performance (final body weight and daily gain). These results are consistent with the similar observations reported on sheep by **Soliman, (2005); El-Shahat and Monem, (2011)**, and on growing calves by **El-Masry et al., 1998**). It would be realized that deficiency of vitamin A is frequently associated with protein-energy malnutrition and during this malnutrition, plasma a retinol, retinol binding protein, and pre albumin concentrations are generally noted to be decreased (**Dhur et al., 1991**). The observed increase (P<0.05) in serum globulin levels with T2 treatment (vitamin E) and T3 (vitamin A plus E) could attributed to the role of both vitamins on improving immune

status of animal as previously reported by **Smith and Hays, (1987); Yang et al., (2010)**. Therefore, the deficiency in both vitamins may compromise with immune-competence of the animal (**Shinde et al., 2007 and Yatoo et al., 2013**).

As shown in Table (4), there were no significant (P>0.05) differences in serum concentrations of glucose, cholesterol, aspartate transaminase (AST) enzyme for lambs received T1, T2 and T3 when compared to the unsupplemented control lambs. These observations agree with some results reported on sheep (**Njeru et al., 1994**), revealing that lambs received vitamin A and/or vitamin E supplement maintained these parameters in their normal metabolic levels. It noticed that the changes in serum bio-indices, in this study, were within the normal physiological value ranges reviewed for sheep (**Duncan and Prasse, 1986**).

CONCLUSION

The present study concluded that supplement of vitamin A plus E has synergistic useful effect able to improve feed intakes of DCP, TDN and feed conversion of DMI, DCP and TDN of Ossimi lambs leading to significant enhancement of final body weight and daily gain and some serum bio-indices (total protein) compared to supplement of each vitamin alone, suggesting that absorption and utilization of vitamin A is related to vitamin E availability.

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NUTRIENT DIGESTIBILITY, PRODUCTIVE PERFORMANCE AND SOME SERUM BIO-INDICES AS AFFECTED BY VITAMIN A AND E SUPPLEMENT TO GROWING LAMBS

الملخص العربي

معاملات الهضم الغذائية، الأداء الإنتاجي وبعض مؤشرات السيرم الحيوي
نتيجة للإمداد بفيتامين أ وفيتامين هـ علي الحملان النامية
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تم استخدام إجمالي عدد 32 حمل أوسيمي (بمتوسط عمر ثلاثة شهور ووزن 1.06 ± 21.05 كجم) لتقييم تأثير الإمداد بفيتامين أ وفيتامين هـ علي معاملات الهضم الغذائية، الأداء الإنتاجي وبعض مؤشرات السيرم الحيوي. وزعت الحيوانات إلى أربع مجموعات متساوية. المجموعة الأولى استخدمت كنترول بينما المجموعات المعاملة T1 ، T2 ، T3 تم إمدادها بالتجريب بفيتامين أ (50.000 وحدة دولية/رأس/أسبوعين) ، فيتامين هـ (400 ملجم /رأس/أسبوعين) ، فيتامين أ + فيتامين هـ (50.000 وحدة دولية + 400 ملجم /رأس/أسبوعين) علي التوالي.

أظهرت النتائج عدم وجود فروق معنوية في جميع معاملات الهضم الغذائية للمادة الجافة ، المادة العضوية ، البروتين الخام ، المستخلص الأثيري ، الألياف الخام ، الألياف المستخلص بالمحاليل الحامضية ، الألياف المستخلص بالمحاليل المتعادلة بين الحملان المعاملة T1 ، T2 ، T3 مقارنة بالكنترول. أيضا كانت متوسطات القيمة الغذائية (البروتين المهضوم – المركبات الغذائية الكلية المهضومة) متقاربه بين الحملان المعاملة T1 ، T2 ، T3 مقارنة بالكنترول. زادت متوسطات أوزن الجسم النهائي ومعدلات الزيادة اليومية في الوزن ($P < 0.05$) لحملان المعاملة T1 ، T3 مقارنة بحملان الكنترول و T2. كانت متوسطات أوزان الجسم النهائي ومعدلات الزيادة اليومية في الوزن أعلى للمعاملة T3 عن كل من المعاملة T1 ، T2. لم تلاحظ أية تغييرات معنوية في المأكول من تبن القمح، المادة الجافة و المأكول الكلي من المادة الجافة للحملان المعاملة T1 ، T2 ، T3 مقارنة بالكنترول. بينما زاد المأكول من البروتين المهضوم والمركبات الغذائية الكلية المهضومه ($P < 0.05$) لحملان المعاملة T1 ، T3 مقارنة بحملان الكنترول أو T2. تحسنت معدلات التحويل الغذائي للمادة الجافة ، البروتين المهضوم والمركبات الغذائية الكلية المهضومه (P < 0.05) لحملان المعاملة T1 ، T3 مقارنة بحملان المعاملة T2 أو الكنترول. أظهرت النتائج ارتفاع مستويات تركيزات السيرم من البروتين الكلي والجلوبيولين ($P < 0.05$) لجميع المعاملات T1 ، T2 ، T3 مقارنة بالكنترول بينما زاد تركيز مستوى ألبومين السيرم ($P < 0.05$) للمعاملات T1 ، T3 مقارنة بـ T2 أو الكنترول. لم تلاحظ أية اختلافات معنوية ($P > 0.05$) في تركيزات سيرم الدم من الجلوكوز ، الكوليستيرول وانزيم (AST) لحملان المعاملات T1 ، T2 ، T3 مقارنة بحملان الكنترول الغير معاملة. يمكن أن نستخلص من هذه الدراسة أن الإمداد بفيتامين أ وفيتامين هـ له تأثير تكاملي مفيد في تحسين المأكول ومعدل التحويل الغذائي للحملان النامية مما أدى إلى تعزيز الأداء الإنتاجي وبعض مؤشرات السيرم الحيوي.